

LENT I
FEBRUARY 26, 2023
LOW MASS

Priest: August Queen of Heaven and Mistress of Angels, thou who hast received from God the power and the mission to crush the head of Satan, we humbly beseech thee to send forth the legions of heaven, that under thy command they may pursue the demons, everywhere put them to flight, curb their insolence, and hurl them back into the abyss. “Who is like unto God?” O good and tender Mother, thou shalt ever be our love and our hope. O Mother of God, send the holy angels to defend me, and to drive far away from me the cruel enemy. Holy angels and archangels, defend and keep us. **R. Amen**

V. Pray for us, Our Lady, Queen of Angels,
R. That we may be made worthy of the promises of Christ.

Priest & People: **Angel of God,** / my guardian dear, / to whom His love commits me here. / Ever this day be at my side, / to light, to guard, to rule and guide. / From sinful stain, oh keep me free / and in death’s sorrow my helper be. Amen.

PRAYER AT THE BEGINNING OF LENT

Priest: Almighty God! I unite myself at the beginning of this holy season of penance with the Church militant endeavoring to make these days of real sorrow for my sins and crucifixion of the sensual man and with the Church Triumphant, especially our Lenten patron, St. Francis de Sales. O Lord Jesus! in union with Thy fasting and passion, I offer Thee my fasting in obedience to the Church, for Thy honor, and in thanksgiving for the many favors I have received, in satisfaction for my sins and the sins of others, and that I may receive the grace to avoid all sins against Charity and to practice true love for God and Man. **R. Amen.**

PRAYER TO ST. MICHAEL

Priest & People: **ST. MICHAEL THE ARCHANGEL,** / defend us in battle; / be our safeguard against the wickedness and snares of the devil. / May God rebuke him, we humbly pray, / and do thou, O prince of the heavenly host, / by the power of God, / cast into hell, Satan, and all the evil spirits, / who wander about the world, / seeking the ruin of souls. Amen.

∇. Most Sacred Heart of Jesus, **R. Have mercy on us.**
∇. Holy Child Jesus, Doctor of the Sick, **R. Have mercy on us.**
∇. Our Mother of Good Counsel, **R. Pray for us.**
∇. Our Lady of Consolation, **R. Pray for us.**
∇. Immaculate Heart of Mary,
R. Pray for us now and at the hour of our death.
∇. Pure Heart of St. Joseph, **R. Pray for us.**
∇. St. Francis de Sales, **R. Pray for us.**
∇. May the Divine assistance remain always with us.
R. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

CLOSING HYMN:

LORD, WHO THROUGHOUT THESE FORTY DAYS

- 1. Lord, Who throughout these forty days,
For us didst fast and pray,
Teach us with Thee to mourn our sins,
And close by Thee to stay.**

- 2. As Thou with Satan didst contend,
And didst the vict'ry win,
O give us strength in Thee to fight,
In Thee to conquer sin.**